

HOW KIDS CAN HELP

Thank you for your interest in supporting Ronald McDonald House Charities® of St. Louis!

While we require that volunteers be at least 18 years old, here are some of the ways that kids and teens can help us provide a “home-away-from-home” for families of seriously ill children:



SAVE TAB TOPS

Collect tab tops throughout the year. Then bring them to our annual Tab Top Pandemonium event and see how your collection stacks up! For more information, visit www.rmhcstl.com/tabtops.

ART PROJECTS

We love to have our House decorated by children of all ages. Children can donate their artwork, including holiday cards, table decorations and place mats for our kitchen tables.

COOK DINNER

As part of our Family Dinner Program, volunteers cook meals for our families every night. Children who are 12 or older can participate with at least two chaperones per group. Children under age 12 may accompany a dinner group. Visit www.rmhcstl.com/dinnerprogram for more information.

MAKE BLANKETS

Families are often given small gifts upon arrival or departure. A nice warm blanket, such as a no-sew fleece tie blanket, makes a great gift!

COLLECT WISH LIST ITEMS

To keep our Houses and Family Rooms running like homes, we rely on wish list item donations. Kids and teens can collect items and drop off the supplies at one of our Houses. Kids can also ask for wish list items instead of birthday gifts. Visit www.rmhcstl.com/wishlist to find our most up-to-date lists.

COLLECT AND DONATE MONEY

Recycle to make money. Collect loose change in a jar. Organize a garage sale. Do chores around the house. All of these are great ways that kids and teens can collect money that they can then donate to RMHC St. Louis.

For more information, please visit our Caring Partners Program webpage at www.rmhcstl.com/thirdpartyfundraisers. Donations can be dropped off at any of our Houses from 8 a.m. to 6 p.m. Monday through Friday or by appointment. For more information, email Ginny Kappel at gkappel@rmhcstl.com, call 314-773-1100 or visit www.rmhcstl.com.



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HOUSE CHARITIES,
ST. LOUIS